



Quanten Resonanz System
DAS ORIGINAL

Indikation Anwendung Indication Application

QRS-Einstellungsempfehlungen / Indication Application

Nur für Angehörige der Heilberufe (§11 HWG)
Only for healing professionals (§11 HWG)

The background image shows a male doctor in a white coat and stethoscope interacting with a patient. The doctor is holding a small blue QRS device and a clipboard. The patient's back is to the viewer.

Stufe 1-4	16 Min. 2x tgl.	einschleichen bei Ganzkörper-Applikator 8 Min. Schambein
Stufe 3-6	16 Min. 2x tgl.	Lokal-Applikator am Schambein
Stufe 5-8	24 Min. 2-3 x tgl.	
Stufe 3-8	16-24 Min. 2-3x tgl.	an den lokalen Problemzonen
Stufe 2-3	8 Min. 2x tgl.	Lokal-Applikator 8 Min. Brust-

A circular inset in the bottom right corner shows a close-up of the QRS device and its packaging.

A woman with shoulder-length dark hair and bangs, wearing a white tank top, is smiling broadly while performing a stretching exercise. She is leaning forward with her arms extended behind her back, and her legs are bent at the knees. The background is a bright, open field under a clear blue sky.

Energie für die Zelle



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**Es gibt keine 326
oder mehr Krankheiten,
es gibt nur kranke Zellen.**

Wo immer im menschlichen Körper eine Erkrankung auftritt, stehen dahinter Körperzellen, die in ihrer Funktion gestört sind.

Krankheit ist grundsätzlich auf einen gestörten Zellstoffwechsel (Metabolismus) zurückzuführen. Auch mit einer Verletzung geht immer eine Störung des Zellstoffwechsels einher.

QRS aktiviert/verbessert den Zellstoffwechsel, und ist das erste Gerät, bei dem der Ionentransport (Zellstoffwechsel) patentiert wurde .

***There are no 326 or more diseases,
there are only ill cells.***

Whenever a disease appears in the body, behind it, there are cellular dysfunctions.

Disease is principally due to a disturbed metabolic process (metabolism). Even with an injury is always a disturbance of the cellular metabolism associated.

QRS activated / improved the metabolism, and is the first device by which the ion transport (metabolism) was patented.

Übersicht Anwendungsstufen / Overview dosage guidelines





Sicher ist sicher For your safety

Das sollten Sie auf jeden Fall beachten / following is to be considered

Medikamenteneinnahme

Es hat sich gezeigt, dass die Einnahme von Medikamenten unter Anwendung von QRS in vielen Fällen reduziert werden kann. Das heißt, der Arzt muss den Patienten genau beobachten und Medikamente während der QRS-Anwendung stufenweise reduzieren, bis ganz absetzen (siehe neueste Studie von Prof. Dr. rer. nat. G. Fischer, Graz, vom August 1999).

Flüssigkeitshaushalt, Mineralstoffe

Bei mehrfacher Anwendung von QRS pro Tag sollte dem Körper unbedingt zusätzlich Magnesium und sehr viel Wasser zugeführt werden. Das verstärkt den Wasserstoffionen-Transport, vermeidet Wadenkrämpfe und verbessert die Ausscheidung von Giftstoffen.





Medication

It has been shown that in many cases medication can be reduced under QRS-application. That means that the physician should observe the QRS user closely and reduce the medication gradually until no longer needed. (Refer to latest study by Prof. rer. Nat. G. Fischer, Graz, August 1999).

Liquids, mineral elements

With several daily applications of QRS it is absolutely necessary to supplement the body with magnesium and a lot of water. This will increase the hydrogen ions transport, avoid cramps in the calves and improve the elimination of toxins.





QRS – treatment advices

For medically diagnosed indications

Indications	Body-Applic.		Local-Applic.		Notice
	Setting	Treatment time	Setting	Treatment time	
Allergies	Setting 3-8	8-16 min.3x / day			Begin slowly with Whole-Body-applic.
Arthrosis:					
cervical part of the spinal column	Setting I-2	8 min.1-2 x / day	Setting 3-5	24 min. 2-3x / day	Seek comfortable position
thoracic part of the spinal column	Setting I-2	8 min.1-2 x / day	Setting 5-6	24 min. 2-3x / day	Seek comfortable position
lumbar part of the spinal column	Setting I-2	8 min.1-2 x / day	Setting 8-10	24 min. 2-3x / day	Seek comfortable position
hips	Setting I-2	8 min.1-2 x / day	Setting 8-10	24 min. 2-3x / day	
knees	Setting I-2	8 min.1-2 x / day	Setting 7-10	24 min. 2-3x / day	
shoulder	Setting I-2	8 min. 3 x / day	Setting 5-7	24 min. 2-3x / day	
foot	Setting I-2	8 min.1-2 x / day	Setting 8-10	24 min. 2-3x / day	
finger and hand	Setting I-2	8 min.1-2 x / day	Setting 10	24 min. 2-3x / day	Local application with stick appl. recommend.
pseudarthrosis	Setting 3-6	8 min. 3 x / day	Setting 6-8	24 min.1-3x / day	Local-Applic. settings variable
Auto-immune diseases :					
hepatitis, colitis ulcerosa, scleroderma, and more	Setting 3-6	8 min. 3 x / day	Setting 3	8-16 min.2x / day	
Blood pressure (hypertension)	Setting I-2	8 min. 2-3 x / day	Setting I-2	16 min.2 x / day	Local-appl. on neck region
Blood pressure (hypotonia)	Setting 3-5	8 min. 2-3 x / day	Setting 3	16 min.1 x / day	up to hairline
Blood supply disorders (ulcus cruris poorly)	Setting I-3	8 min. 2x / day	Setting 3-6	24 min. 2 x / day	Local-Applic. on supplied region
Cancer:	Setting I	8 min. 3-4 x / day			always begin with setting I, 2-3 months, then each month one setting higher until max. setting 6, evening always setting I
Digestive system: constipation, pancreatitis, reflux esophagitis, disorders of digestion, gastric and duodenal ulcer, gastritis, Crohn's disease, colitis ulcerosa, diarrhoea and more	Setting I-3	8 min. 2-3 x / day	Setting I-4	8-16 min. 2 x /day	Whole-Body-Applic. and Local-Applic. begin always setting I, Local-Applic. locally



Indications	Body-Applic.		Local-Applic.		Notice
	Setting	Treatment time	Setting	Treatment time	
Ears: tinnitus	Setting I	8 min. 1 x / day	Setting I-5	8-16 min. 2x/ day	local appl. with headset appl. recom.
Elbow: arthritis, epicondylitis, injuries of muscles, tendons or vessels, limited mobility accidents, rehabilitation, operation and more	Setting 3-6	8 min. 1 x / day	Setting 4-6	16-24 min.2-3x/d.	
Eyes:	Setting I	8 min. 1 x / day	Setting I	8-16 min.2x /day	local appl. with Specs-Applic.* recommend.
Fractures:	Setting 3-6	8 min 3x / day	Setting 4-8	24 min.2-3x / day	
Foot: arthritis, blood supply disorders, gout, sprains, swellings, strain, injuries of ankle, tendons, muscles and nerves, splayfoot, flatfoot, hollow foot, hallux valgus, rehabilitation, accidents, operations and more	Setting 3-6	8 min. 1-2 x / day	Setting 9-10, 24 min.2-3x / day		
Gynaecology: ovarian inflammations and cysts, mat, hormonal disbalance, myomas, menopausal troubles, menstruation troubles, premenstrual syndrome, and more	Setting I-4	8 min. 1-2 x / day	Setting I-4, 16 min. 2 x / day	Begin slowly with 8 min lower back, 8 min pubic bone	
Hand: arthritis, carpal tunnel syndrome, Sudeck disease, tendovaginitis, accidents, lesions of muscles, operations, rehabilitation, limited mobility, and more	Setting 3-6	8 min. 1 x / day	Setting 5-8	24 min. 2-3x/day	
Heart: angina pectoris, myocardial infarction, disrythmia, cardiac insufficiency, bypass, coronary heart disease, arteriosclerosis, pace makers and other electronic implants no contraindication	Setting I-3	8 min. 3 x / day	Setting 2-3	8 min. 2 x / day	local appl.: 8 minutes thorax, 8 min. thoracic part of back
Hips: luxation, malposition, arthritis, myalgia, Perthes disease, hipbone head necrosis, nerve lesion, prothesis, accidents, bursitis,operations, rehabilitation and more	Setting I-3	8 min. 1 x / day	Setting 4-6	16-24 min.2-3x/day	local appl. on or under hip and lateral of hip
Infectious diseases contraindication: of childhood	Setting I-3	8 min. 3 x / day			temperature over 38°C
Jaw, tooth diseases:	Setting 3-6	8 min. 1 x / day	Setting 3-6	8-16 min. 3-4 x/day	appl. with Pen-Applic. recom.
Knee: arthritis, lesions of tendons, nerves and muscles, blood supply disorder, meniscus, lesions of the ligaments, prothesis, bursitis, patella fracture, operations, rehabilitation and more	Setting 3-6	8 min. 2 x / day	Setting 6-8	16-24 min. 2-3x/day	

If treatment takes place at the doctor's clinic, at least 3 times a week, time of application can be extended (e.g. instead of 8 minutes, 16 minutes)

Indications	Body-Applic.		Local-Applic.		Notice
	Setting	Treatment time	Setting	Treatment time	
Liver / biliary tract	Setting I-6	8 min. 2 x	Setting I-4	16 min. 2 x / day	Local-Applic. locally
Metabolism					
Adiposis	Setting I-3	8 min. 2-3 x / day			begin slowly
Gout	Setting I-4	8 min. 2-3 x / day	Setting 5-10	16-24 min. 2-3x/day	
Diabetes mellitus	Setting I-3	8 min. 2-3 x / day	Setting I-10	24 min. 1 x / day	Local. on thoracic part of spin. column
Hypothyroiditis	Setting I-2	8 min. 2-3 x / day	Setting I-2	8 min. 2-3 x / day	Local-Applic. on cervical part of spin. column only Whole-Body therapy
Hyperthyroiditis	Setting I-2	8 min. 2-3 x / day			only after regulation by medication at the doctor's clinic, otherwise contraind.
Migraine , prevention acute migraine attack,	Setting I-3	8 min. 2 x / day	Setting I-2	16-24 min. 1-2x/day	Local-Applic. on neck
			Setting 5-10	16-24 min. 1-2x/day	Local-Applic. on neck
Nervous system: palsy, polyneuropathy, neuralgia, zoster, lesions of spinal cord, disorders of sensibility, multiple sclerosis and more	Setting I-6	8 min. 2 x / day	Setting I-4	16 min. 2 x / day	begin slowly with Whole-Body-Applic always on setting I, Local-Applic. locally
Osteoporosis , prevention of fractures	Setting 4-10	16-24 min. morning			
	Setting I-5	24 min. midday			
	Setting I 8-	16 min. evening			At least for 3 months
Psyche: stress, restless leg, fear, restlessness, sleep problems, loss of energy, depression, ADD, ADHD, schizophrenia and more. burnout syndrome	Setting I-4	8 min. 2-3 x / day			Begin slowly with 2 minutes!
	Setting I	24 min. evening			
Respiratory tract diseases: asthma, bronchitis, and more	Setting 3-6	8 min. 3 x / day	Setting 2-4	16-24 min. 3 x/day	Begin slowly with Whole-Body-Applic., Local-Applic. on thorax
asthma, acute episode	Setting 6-10	16-24 min. 1 x			
Shoulder: inflammations of muscles and tendons, lesions of jointcapsule and nerves, myalgia, frozen shoulder, arthritis, blood supply disorder, accident, cervicobrachial syndrome, operations, rehabilitation, bursitis and more	Setting I-3	8 min. 1 x / day	Setting 2-4	16-24 min. 2-3x/day	
Sinusitis:	Setting I-6	8 min. 2 x /day	Setting 4-8	8 min. 2 x / day	local applicat. with pen recom.



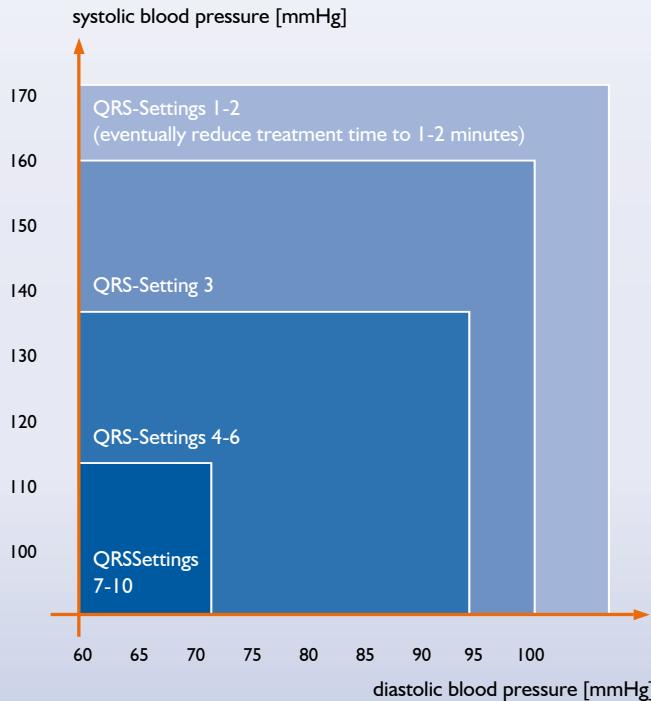
Indications	Body-Applic.		Local-Applic.		Notice
	Setting	Treatment time	Setting	Treatment time	
Skin diseases: acne, decubitus ulcers, eczema, furuncle, loss of hair, lupus erythematoses, neurodermatitis, psoriasis, hyperhidrosis, burns, wound healing, and more	Setting 3-6	16 min. 3 x / day	Setting 3-8	16-24 min. 2-3x/day	begin slowly with Whole-Body-Applic. and Local-Applic. on affected areas
Spinal column, cervical part: arthritis, intervertebral disc, osteochondrosis, osteoporosis, lesions of nerves, rehabilitation, lesion of vertebrae, spinal cord, muscles or skin, torticollis, cervical syndrome, tensions, accidents, operations and more	Setting I-6	8 min. 1-2 x /day	Setting I-2	24 min. 2-3 x /day	Seek comfortable position for whole spinal column, Local-Applic. can be used also while sitting
Spinal column, thoracic part: arthritis, intervertebral disc, osteoporosis, lesions of nerves, rehabilitation, lesions of vertebrae, spinal cord, muscles or skin, scoliosis, tensions, accidents, operations and more	Setting I-6	8 min. 1-2 x / day	Setting 2-4	24 min. 2-3 x /day	
Spinal column, lumbar part: herniation of intervertebral disc, sciatica, slipped disc, palsy, lumbago, rehabilitation, lesions of vertebrae, spinal cord, muscles or skin, tensions, accidents, operations and more	Setting I-6	8 min. 1-2 x / day	Setting 4-6	24 min. 2-3 x /day	
Sport applications: Sport injury: strain, epicondylitis; muscle, ligament and tendons tears, luxations, sprains, contusions, tensions, sore muscles and more	Setting 3-6	8 min. 3 x / day	Setting 6-10,	16 min. 3 x / day	
Sport, before training	Setting 3-10	8 min. 3 x / day			
Sport, regeneration	Setting I	8 min. 1-2 x / day			immediately after training
Urinary tract and male reproductive organs: urinary tract diseases, impotence, renal diseases, prostate hypertrophy, and more	Setting I-4	8 min. 2-3 x / day	Setting 3-6	16 min. 2 x / day	Local-Applic. on pubic bone and lower back each 8 min.
Vein diseases: Haemorrhoids, thrombophlebitis, varicose veins and more	Setting I-4	8 min. 2 x / day	Setting I-4	24 min. 1 x / day	Begin slowly

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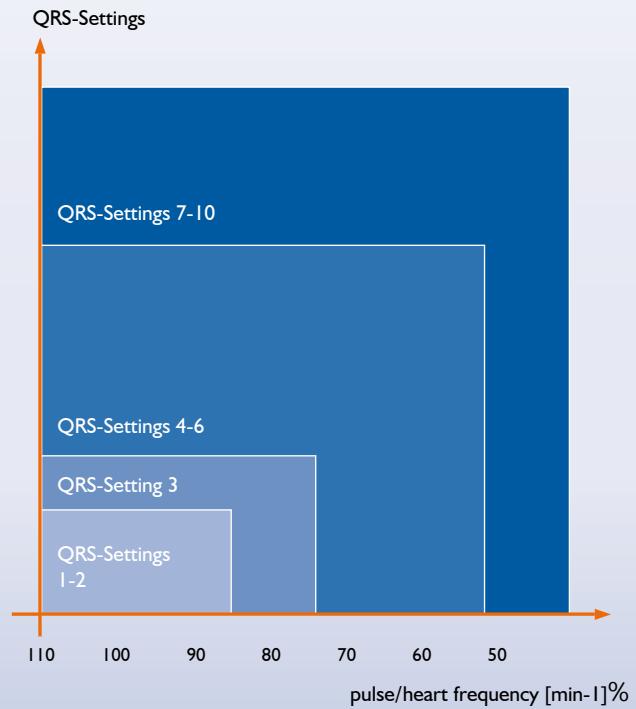
General QRS-rules

Derived from blood pressure resp. pulse values

a) Recommended maximum QRS settings depending on blood pressure



b) Recommended maximum QRS settings depending on pulse



Remarks

If you don't know your blood pressure you may also use your pulse to choose the QRS settings.

The higher your pulse and/or blood pressure, the lower the QRS setting.

The more excited the sympathetic nervous system the lower the QRS setting.

The colder the foot/hand the lower the QRS setting.

If blood pressure is over 160/95 or under 100/60, therapy should be discussed with the doctor.

If the pulse at rest is under 50 or over 100 heartbeats per minute, therapy should be discussed with a doctor.

The settings indicated in the illustrations are recommended. Of course you can choose QRS settings from 1 to 10 if your blood pressure is between 120...140 (systolic) and 70...90 (diastolic) and/or your pulse lies between 60...80. If pulse is over 90 the corresponding QRS setting of 2 or 1 can eventually be reduced to 1 – 2 minutes.

Basically you should not go over setting 3 when preparing for sleep.

A dysfunction of the endothelium and a reduced nitrogen monoxide production occurs with increased tonus and tendency for thrombosis. There is also a link between dysfunction of the endothelium and hypertonia. Choose in these cases low settings.

Inflammatory joint diseases, chronic polyarthritis, chronic inflammations in general, asthma and migraine occur with increased nitrogen monoxide production which can be reduced through high QRS settings (provided that pulse is not very high).

Implants like insulin pumps etc. are not affected. Metal implants in form of artificial joints and the like, and even the contraceptive coil in women have no negative effect. The magnetic field will penetrate any metal.

With several daily applications of QRS it is absolutely necessary to supplement the body with magnesium and a lot of water. This will increase the hydrogen ions transport, avoid cramps in the calves and improve the elimination of toxins.%



Individual as yourself

How you control your QRS-therapy success

Time / duration of therapy • Application levels

It has been observed that the duration of therapy has to be adjusted differently for each person.

The range is from 1 up to 30 minutes. An overdose is not possible as our QRS-system works at a field strength of up to 30 microteslas. The World Health Organization and other technical associations consider a constant load of 100 microteslas (at 50 Hz) as safe.

The duration of therapy is recommended with 2x8 minutes per day. The effect of one application lasts up to 8 hours in healthy people. As the treatment is very gentle an improvement of cell metabolism and the general cell regeneration are noted after a few days or only after several weeks depending on the physical constitution.

A continuous application of the Quantron-Resonance-System is recommended to obtain a global preservation of health. Getting used to the device or dependence are not known.

The former advice of application of 2x8 minutes daily is based on numerous treatment experiences under medical and/or scientific control which showed that the effects lasted up to 8 hours.

As you can see from our QRS-treatment advices the application on patients can be done 2 to 3 times in a row and this 2 to 3 times per day.

If patients have highly acidic blood, acute strong pain or migraines it is possible to apply therapy up to 5 times in a row.

Tolerance:

About 40% of people do not feel any sensation when starting therapy. In those cases high settings can be used without hesitation several times in a row. However, if applied after 6 pm, these settings may result in disturbed sleep.

On the other hand some people cannot even tolerate setting 1. This depends on the overall combination of fitness of the person or how delicately the cardiovascular system reacts or whether there is an over-acidity of the whole cardiovascular system. In this case the person should start at setting 1. If even that is too high, setting 1 should be used for only 1 minute and slowly increased to 8 minutes and only then should setting 2 be started and progressed in the same way.%

General recommendations:

Important for choosing field strengths or magnetic field intensities: It is not the high intensity which will lead quickly to therapy success, very often low intensities help more.

Setting 1:

For babies

Setting 1 and 2:

For children under 10 years: It is useful to begin with the lowest setting, rising with one level every third day, to begin with lowest setting again, avoiding like this to get accustomed to a certain setting.

Setting 7 to 10:

Should be used only ante meridiem (am) for vitalisation. As soon as a feeling of incompatibility is experienced, reduce the setting.

Setting 3 to 6:

For optimum regeneration

Setting 1 and 2:

For relaxation and inducing sleep.

If people are very tense, nervous or under stress they generally need low field intensities (settings) to obtain relaxation (setting 4 or 3).

They can begin with setting 3. If they feel uncomfortable or have heart palpitations they may reduce the setting on 2 or 1, until body sensations are felt as pleasant.

Waking and Sleeping State:

Extensive experiences clearly showed that activity can be increased in the morning by using a high field strength level. In the evening field strength levels 3, 2 or 1 are advantageous to induce sleep.

Individual application:

It can be said that everybody needs an individual and personal field strength adjustment, which depends on his or her daily routine.

People, whose lives are relatively calm, harmonious and without major stress, who want to be vitalized, will tolerate higher levels from 5 to 10.

It is quite different for people who suffer stress and are under a lot of pressure (or after extreme physical exertion). If here the ion transport in the body and thus the cell metabolism functions and cell vitalization have to be optimized, levels 2 to 6 are usually better tolerated.





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